

7TH ISSUE

JANUARY 2024



THE PROFESSIONALS

THE OFFICIAL MONTHLY PUBLICATION OF THE ROTARY CLUB DOWNTOWN DAVAO

Downtown Davao

Rotary
Club



CREATE HOPE
in the **WORLD**

2024
HAPPY NEW YEAR



From the Gamba Family

ROTARY INTERNATIONAL & DISTRICT OFFICERS RY 2023-2024



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Rotary International President



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District Governor
District 3860



Caroline Lee Andrade
District Governor Elect
District 3860



Angel G. Fernandez, Jr.
District Governor Nominee
District 3860



Vincent Edward L. Ang
District Secretary



Ma. Krizia Ivy Z. Tan
Assistant Governor, 2C



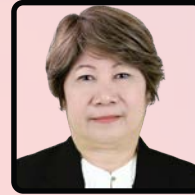
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District Learning Facilitator
& District Disaster Management
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District 3860 DMI

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Archie Francisco F. Gamboa
Club Learning Facilitator/
Immediate Past President

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PRAYER

LORD, thank you for always being the Provider of knowledge and experience. All that we have gained through the years have helped us become what we are now. Thank you for what RC Downtown Davao has become this year, a Service Club with a heart, giving HOPE to those in need. With your divine assistance, help us to continue realizing our vision and reaching our goals. Help us to be supportive of each other, and be more perceptive of other's needs, to properly handle situations where there would be conflicts and to separate personal issues as we continue serving above self. We ask for your guidance to do what is pleasing to you, O LORD. Thy will be done, not ours. Amen.

QUOTE OF THE MONTH

"Trust the magic of new beginnings."

ABOUT THE COVER



As 2024 dawned, the Rotary Club of Downtown Davao sparked its commitment to service. DG Twinkle Gamboa and Family ignited the club's dedication to Create Hope in the World, fostering an extended Rotary family. This spirit of camaraderie mirrors the Rotary ethos of service, unity, and the importance of community as a family, guiding RCDD in the year ahead.

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Editor-in-Chief



Ethel C. Caceres
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CONTRIBUTORS:



Patricia Melizza B. Ruivivar



Marilyn P. Puno



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Princess Jenina Estrellanes
Rotaract Club of Downtown Davao Poblacion



Shyra Khaye Napala
Interact Club of Downtown Davao - Davao City National High School

ADVISERS:



Ma. Gwendelyn V. Sabsal



Marina B. Ruivivar

President's Message



Ma. Gwendelyn V. Sabsal
President, RY 2023-2024

Dear Fellow Rotarians,

As we stand on the threshold of a new year, I want to thank you for our journey in Rotary and our impact on our community. We are halfway through our year together in office, with six more months to go. Lots of things have been accomplished. And we have lots more to do. The past year presented us with challenges, but it also showcased our resilience, compassion, and unwavering commitment to service above self.

So, let us welcome the new year with a renewed dedication and a shared determination to create hope and serve humanity. It's time to get back into doing more great things we do as Downtowners and as Rotarians.

9th REGULAR MEETING & FELLOWSHIP
January 17 , 2024 Wednesday @ 11:00 AM
Cafe Tavera

THEME

Code of Ethics in Business and Profession

PROGRAMME

I. Call To Order

President Gwen Sabsal

Turnover to the Program Host

Princess Joann Deno

Pause Muna, Peace Muna

AVP

Prayer

Gloria Cabillas

Singing of the Philippine National Anthem

and the Rotary Hymn

AVP

Recitation of The Four Way Test Rotary and

Declaration of Rotarians in Business and

Professions

Acknowledgment of Visiting

Rotarians, Rotaractors and Guests

Rtn Fely Lovitos

Welcome Song

The Downtowners

11. Classification Talk :

Maria Lane Horfilla

111 .CELEBRATION OF LIFE & FELLOWSHIP

Honoring the the Birthday Celebrants

Jan 16 - Lorelie May Zambales

Jan. 31 - Vilma Kho

Blowing of the Birthday candles

by the Celebrants

IV . AWARDING OF THE OUTSTANDING ROTARIAN

FOR THE MONTH OF NOVEMBER AND DECEMBER

by PP/Club Administrator Lit-Lit

V. PRESIDENT'S TIME

Pres .Gwen Sabsal

SECRETARY'S TIME

PP Ethel Caseres

VI . AWARDING OF PRIZES TO

1. THE EARLY BIRDS and

2. TO THE BARKADAHAN WITH HIGHEST

ATTENDANCE

by PP/Club Administrator Lit-Lit

Incharge: The Inspiring Barkdahan

Program Host : Rtn Princess Joann Deno

Attire : Any shades of PEACH

The Mission of Rotary International

We provide service to others, promote integrity and advance world understanding, goodwill and peace through our fellowship of business, professionals and community leaders.

The 4-Way Test

of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL & BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Core Values

Fellowship, Integrity, Diversity,
Service, Integrity and Leadership

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an opportunity for service;

Second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third: The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Secretary's Page

By: **Ethel C. Caceres**
Secretary

Attendance Report

	1st Regular Meeting	2nd Regular Meeting	Service Projects	FELLOWSHIP
Members Actual Present	19		11	19
Members with Valid Make-up	0		0	0
Total Attendance	19		11	19
Membership Size	41		41	41
Excused due to health reasons	2		2	2
Net Membership Base	39		39	39
Total Attendance Divided by Net Membership Rate	49%		28%	49%

EARLY BIRDS:

1. Archie Francisco " Archie" F. Gamboa
2. Edna " Edzz" C. Ko
3. Corazon " Cora" L. Lomanta
4. Rozanne "Twinkle" C. Gamboa
5. Eliza Joy "Joy" S. Hilario

Rotaractor:

1. Kenneth Melliza
2. Princess Estrellanes

Activities for the Month

January 12

Raffle Draw: Fund-Raising For TRF
And Polio Plus

January 17

9th Regular Meeting & Fellowship

January 18

Finance Committee Meeting

January 28

DISTRICT 3860'S AREA 2
GOVERNOR'S BALL
Roadway Hotel, Davao City

January 30

31st Charter Anniversary
Committee Meeting



Sunshine and Fellowship

By: **Vilma U. Kho**
Sunshine Chair



Lorelie May Zambales
Jan 16



Vilma Kho
Jan 31

ROTARY INFORMATION

Rotary
Zone 10A



CREATE HOPE
in the WORLD

NEWSLETTER

Bulletion No. 16

February 3, 2024

**No Wild Polio Virus
Case reported**

as of January 31, 2024

Rotary
Zone 10A



CREATE HOPE
in the WORLD

Congratulations !!!

Rotary Club of

Downtown Davao, District 3860!!



100% POLIPLUS SOCIETY CLUB

(all members committed and contributed \$ 100 to Polio every year or until Polio is wiped out in the world.)

Introducing the PolioPlus Society!

Becoming a member of this integral group requires your pledge to commit \$100 per year to the PolioPlus program.



Please contact your
District PolioPlus Society Coordinator



RI EXCHANGE RATE
The Rotary Foundation

PHP 56
February 2024

Photo Credit: Debbie Vance

**END
POLIO
NOW**

Editor-In-Chief
Enrique Andres
EPNC Secretariat

End Polio Now Coordinator,
Zone 10A
Mary Anne A. Solomon

DISTRICT 3860 UPDATES



Good Luck

DGE Caroline "CayCay" Andrade and incoming **District Sec. Jonathan Tse** in your training at the International assembly in Orlando, Florida USA. Your District 3860 family is rooting for you!!! Learn and enjoy this once in a lifetime experience.



What: 3rd Regional VTT & Heart Operation

Where: Cotabato Regional Medical Center , Cotabato City

When: January 14-16,2024

Funded by : GG#2125555: Touching Hearts, Saving Lives

A joint project of :

Host : District 3800

Lead Club: Rotary E-Club of Inner Heart ,Rotary Club of San Juan West,

Rotary Club of Malabon Highlands, ,Rotary Club of Loyola Heights,

International Host Club: Rotary E-Club of Connect D3012, India

Partners : District 3780, District 3860, District 3680, District 3820

District 5240 ,District 3790, Rotary Club of Cebu, District 5170

Rotary E-Club of World Peace D5330, Rotary Club of Woodford Green,

Rotary Club of Ogunquit, Rotary Club of Santa Maria- Breakfast ,

Rotary Club of Cupertino, Rotary Club of Cotabato City South ,

Rotary Club of Mandaluyong Biyaya, Rotary Club of Cabanatuan North

Participating Club: Rotary Club of Gen San, & D3860 VTT team

Partner Institution: Philippine Heart Center CV Team

& Southern Philippines Medical Center-Heart Insitute

DISTRICT 3860 UPDATES



RELIEF OPERATION

**Barangay Poblacion, Municipality of Compostela, Davao de Oro
27 January 2024**

- Rotary Club of Tagum North - Lead Club
- Rotary Club of Tagum
- Rotary Club of Tagum Golden L.A.C.E.S
- Rotary Club of Davao de Oro
- Rotary Club of Central Panabo City
- Rotary Club of Tagum Golden L.A.C.E.S Satellite Club - Compostela



DISTRICT 3860 UPDATES



Philippine Rotary
Media
Foundation, Inc.



RY 2023-2024 Search for the Most Outstanding Environmental Projects Awards

Eligibility

- ❑ Award is open to all solely Rotary Club-initiated Projects or projects implemented with significant partnership/engagement with NGOs/GOs.
- ❑ Any nominated project from the 10 districts must be operational for at least one (1) year at the time of the granting of the award in June 2024.

Deadline (District Level): February 28, 2024

Deadline (National Level): March 2024

Awarding of Winners: June 29, 2024

Prizes: PhP 50,000	- District Level
PhP 300,000	- Champion (National)
PhP 200,000	- 1 st Runner-up (National)
PhP 150,000	- 2 nd Runner-up (National)

Download the nomination form and guidelines at
<https://drive.google.com/drive/folders/1kQT0EOfm4I58o4-mYn6beHvghA3YmbIz?usp=sharing>

NATIONAL ORGANIZING COMMITTEE

PDG CHITO BORROMEO

Project Chairman

PDG SID GARCIA

Project Vice-Chairman

PDG MIKE LIRIO

PRMFI Chairman

EVENT SPONSOR

PDG EDNA SUTTER

The Rotary Foundation
Major Gift Initiative Adviser
on Environment

FEATURE

PH, JAPAN open-heart surgery tie-up

From Friendship Exchange to Vocational Training Team, Rotary fellowship in service has evolved and scaled new heights. Two districts from two countries focus on a special area of vocation or calling that brings forth a full-scale demonstration on how peoples of different countries and cultures work together to fulfill a humanitarian mission.

by Edwin Valencia

DISTRICT 3860 UPDATES



One-on-One mentorship
of our VTT members
by the world renowned
heart surgeon, Prof.
Shunji Sano in Nagoya,
Japan, December 2023.

DISTRICT 3860 UPDATES



▲ This page: District 3860 VTT members participating in cardiac surgeries in Nagoya, Japan

▲ Above: District 3860 VTT member Ms. Mariz Mercado, an echotechnician from SPMC, doing 2D echo on a newborn with complex heart disease.

DISTRICT 3860 UPDATES

Through the Vocational Training Team (VTT) program, Rotary facilitates the delivery of humanitarian services through partnerships among Rotary districts. Our District 3860 has teamed up with District 2760 based in Nagoya, Japan to conduct open heart surgery among patients in Visayas and Mindanao. As VTT chair, I worked directly with the head of our partner district's counterpart team, my esteemed fellow heart surgeon, Dr. Takahiko Aoyama.

This partnership was arranged through the efforts of Past District Governor Rodel Riezl Reyes, and Past Presidents Tetsuo Fukuda of the Rotary Club of Nagoya and Past President Susan Czudai of RC Angeles Balibago (D3790).

Since July 2023, a series of zoom meetings were held with our counterpart team from Japan were done, discussing the need to further enhance and develop our nation's health services for Filipino children afflicted with congenital heart disease. We were gifted by the availability of Professor Shunji Sano, a world-renowned heart surgeon who has done hundreds of heart operations worldwide. He has authored hundreds of research articles and developed several pioneering techniques that have saved countless of lives for decades.

District 2760's VTT visited the Southern Philippines Medical Center and Camp Quentin Mercedo Hospital in Davao last July. Prof. Sano also delivered a lecture which was attended by local doctors and medical students. Our joint VTT came up with a plan to provide equipment and undergo further exposures on the latest medical advancements through a Global Grant from The Rotary Foundation accessed by both Districts.

▶ Right: DG Twinkle Gamboa and team visited the Aichi Children's Hospital and Medical Center.

▼ Below: DG Noritake Sakai of D2760 welcomes the Philippine delegation led by DG Rozanne Gamboa and other District Officers of D3860. Seated L to R: DGE Caroline Andrade, Rtn. Tetsuo Fukuda, Prof. Sano, DRFC Chair Takayama, DG Noritake Sakai, DG Rozanne Gamboa.



DISTRICT 3860 UPDATES



◀ Left: D3860 VTT members led by Dr. Panlala and Dr. RC General Santos City and Ms. Vice Fernandez recently participated in a Regional VTT Heart Surgery Mission at Cotabato Regional Medical Center wherein 14 major heart surgery operations and 9 Device closures were done on children and adults with sick hearts.

◀ Far left: D3860 VTT members Dr. Edwin Valencia and Dr. Ralph Anislag, both members of RC General Santos City, participated in the Regional VTT Heart Surgery Mission in Cotabato Regional and Medical Center, Cotabato City last January 15-16, 2024.

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DISTRICT 3860 UPDATES

Eight team members traveled to Japan on December 10, 2023 to train on congenital heart surgery. The team was composed of non-Rotarians from different medical fields like nurses, echo technicians, family physicians, heart surgeons and anesthesiologist. They underwent a weeklong training program, attended lectures and mentorship with Dr. Sano on different diagnostic modalities and surgical techniques in three different major heart centers in Japan namely, Nagoya University Hospital, Chukyo Hospital and Aichi Children's Health and Medical Center.

Governor Rozanne 'Twinkle' Gamboa accompanied the D3860 District VTT, and they were welcomed by District Governor Noritake Sakai and officers of our partner District 2760. Fellowship activities were hosted by the different Nagoya-based Rotary Clubs.

Fresh from their training in Japan, the D3860 VTT conducted a two-day heart surgery mission in Cotabato Regional and Medical Center last January 15 and 16, 2024. Working with other heart specialists, the VTT successfully performed 14 major heart surgeries and 9 device closure operations on children-patients from Region 12. Our District VTT will conduct a vascular surgery mission in Tagbilaran, Bohol on January 29-31, 2024. More upcoming VTT surgical and medical missions in our district are in the pipeline.

My personal experience with VTT is profound and awe-inspiring. It has reminded me that each of us can do more for humanity through the vocation that God has given us. The task demands intense focus, concentration and dedication. It is also a fulfilling experience that reminds us of the importance of using our God-given talents and resources in serving our needy brethren.

The author, a heart surgeon, is Past President of RC General Santos City. He heads D3860's Vocational Training Team.



▲ Top: D3860 members toured the city of Nagoya at the end of their 1 week technical training.

▲ Above, second row: A visit to a facility that makes synthetic food displays at Gifu prefecture.

▶ Right: D3860 delegation led by DG Twinkle Gamboa is warmly welcomed by hosts in Nagoya.



▲ Above left: DG Twinkle discussed with the local doctors and delegates from District 2760 of Japan the plan of upgrading the healthcare facilities in our district. With DG Twinkle were PDG Riz Reyes, DLF Archie Gamboa, PP Susan Czudai and VTT Edwin Valencia (July 16, 2023); Above right: Visiting Rotarians from District 2760 of Nagoya Japan were given traditional Barong Tagalog by DG Twinkle Gamboa. (July 16,2023).

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FAMILY OF ROTARY

BY PP/EDITOR-IN-CHIEF ANDREA "ANDENG" G. DELA CERNA

Legacy in Bloom: The Grandkids of the Downtowners

The Grandkids of the Downtowners. These kids, still in their early years, exude an infectious energy and zest for life. Whether they're exploring their surroundings, playing games, or simply enjoying each other's company, their youthful enthusiasm is unmistakable. Despite their tender age, these young individuals are already leaving their mark, bringing joy and laughter wherever they go. As they grow, one can't help but wonder what amazing adventures and accomplishments lie ahead for this spirited group of grandchildren.



Grandkids of PP Thelma

Diego (9yo), Lucy (7yo), Lucas (6yo) & Hugo (4yo)



Grandkids of PP Joy

Luca (1y & 4mo), Nicolas (4mo)



Granddaughter of PP Edzz

Margaret



Grandkids & Great-Grandkids of Rtn Cora

Tash, Enri, Enzo, Xian, & Dimitri
Olivia & Natalia





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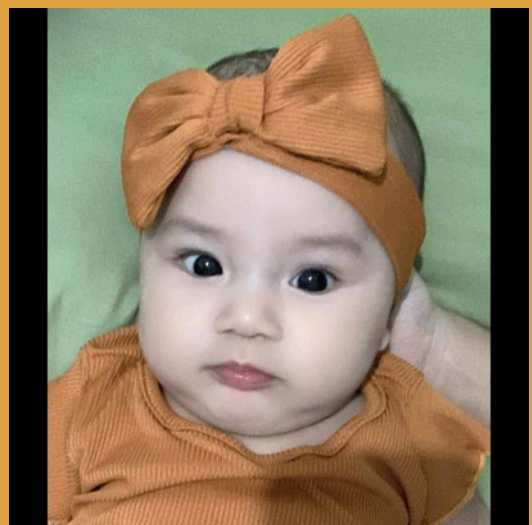
Grandson of Rtn Joan
Ross Eduard (14yo)



Grandson of DG Twinkle & IPP Archie
Travis (4yo)



Grandkids of Rtn Belen
Iggy (7yo), Yana (5yo) & Veronica (6mo)





FAMILY OF ROTARY

BY PP/EDITOR-IN-CHIEF ANDREA "ANDENG" G. DELA CERNA

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Grandkids of PP Josie

Albert (16 yo), Ayannah (13 yo), Aiden (11 yo) & Cala





HEALTH IS WEALTH

BY PRESIDENT GWENDELYN. V. SABSAL



ARE YOU PREPARED TO FACE THE OBESITY EPIDEMIC?



WHO classifications for obesity are the most widely accepted worldwide. Though there are limitations, the BMI score is "the most feasible and widely used criteria to identify and classify patients with overweight or obesity," according to the latest guidelines from the American Society of Metabolic and Bariatric Surgery and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Indications for Metabolic and Bariatric Surgery.

WHO classifies obesity as a BMI of 30-39.9, overweight as a BMI of 25-29.9, and severe obesity as a BMI of ≥ 40 . Although BMI typically correlates closely with percentage body fat in a curvilinear fashion, some important caveats apply to the interpretation. In mesomorphic (muscular) persons, the BMIs that usually indicate overweight or mild obesity might not be applicable. In contrast, in some persons with sarcopenia (e.g., elderly individuals and persons of Asian descent, mainly from South Asia),

a typically normal BMI might conceal underlying excess adiposity characterized by an increased percentage of fat mass and reduced muscle mass, per Hamdy and colleagues.

A sedentary lifestyle in combination with the consumption of unhealthy diets (e.g., a high-sugar and refined-carbohydrate diet) is currently considered the leading common cause of the obesity epidemic, per Boutari and colleagues. The data are based on a recent report from the WHO. The same report claims that there is a downward trend of obesity in older adults between the ages of 50 and 65 years. Although genetics can play a role in the development of obesity, the WHO did not claim that predisposing factors are the leading causes of the obesity epidemic. Though endocrine and endocrine-related disorders have been associated with obesity, they are not the main factor contributing to the obesity epidemic.



HEALTH IS WEALTH

BY PRESIDENT GWENDELYN. V. SABSAL



ARE YOU PREPARED TO FACE THE OBESITY EPIDEMIC?

Visceral fat can negatively affect individuals and has been linked to unfavorable metabolic activity and cardiovascular adverse events. Some studies have measured visceral fat in an attempt to predict the risk for cardiometabolic events and determined that visceral fat can increase such risks. According to Murata and colleagues, the standard techniques for measuring visceral fat are MRI and CT. Less expensive techniques for directly measuring visceral fat include abdominal ultrasonography, dual-energy x-ray absorptiometry, and, to a lesser extent, abdominal bioelectrical impedance.

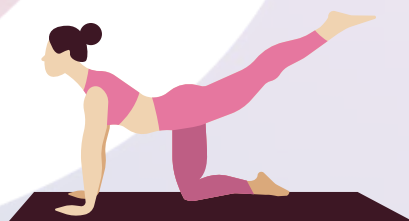
To promote long-term weight maintenance, the use of approved weight loss medication (over no pharmacologic therapy) is suggested to alleviate comorbidities and increase adherence to behavior changes. According to Tchang and colleagues, this might improve physical functioning and allow for greater physical activity in individuals with a BMI ≥ 30 and in individuals with a BMI ≥ 27 and at least one associated comorbid medical condition (e.g., hypertension, dyslipidemia, type 2 diabetes, or obstructive sleep apnea). These criteria also apply to the recently Food and Drug Administration-approved medication for chronic weight maintenance, tirzepatide, a glucagon-like peptide-1 receptor, and glucose-dependent insulinotropic polypeptide receptor agonist.

In most cases, the initial management of obesity generally consists of multicomponent lifestyle interventions that include nutrition, physical activity, and behavior changes. Further, the IFSO and World Gastroenterology Organization urge physicians to consider that "all aspects of nonsurgical management must be tailored to each patient, as no one diet, behavior, exercise program, or medication will be accepted by or effective in all patients, and none has been documented as first-line or superior to all others."

Many guidelines suggest focusing on reducing body weight as the initial treatment goal. For example, the European Association for the Study of Obesity recommends that the first treatment goal for patients who present with obesity is to stabilize body weight.

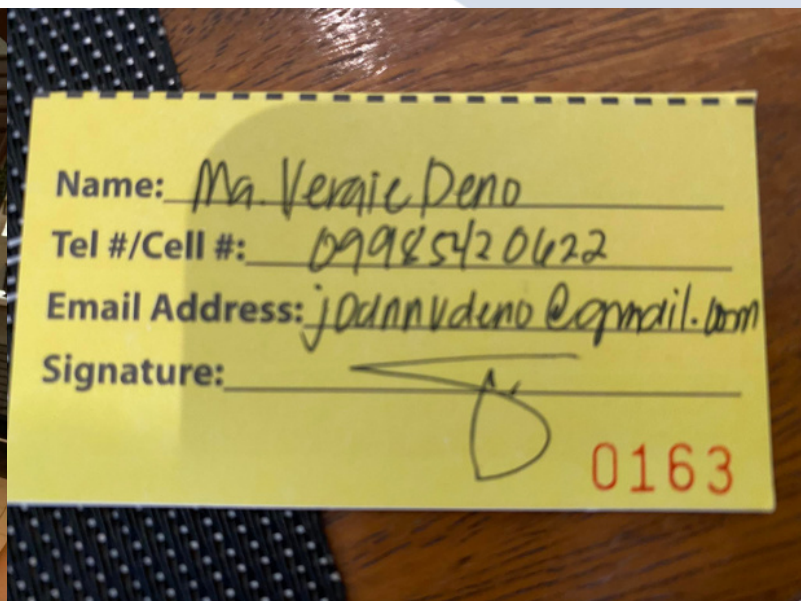
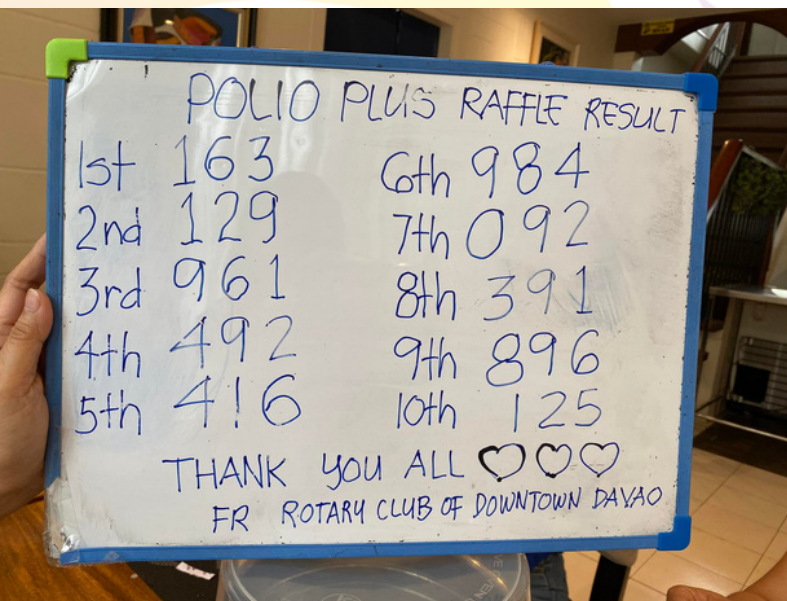
Managing weight as a primary strategy rather than focusing only on the comorbidities associated with obesity, such as obstructive sleep apnea, hypertension, and dyslipidemia, will help decrease the incidence of these complications by proxy.

Reference: Romesh Khardori. Fast Five Quiz: Are You Prepared to Face the Obesity Epidemic? - Medscape - Dec 06, 2023.



EVENTS

January 12, 2024
RAFFLE DRAW:
FUND-RAISING FOR TRF AND POLIO PLUS



EVENTS

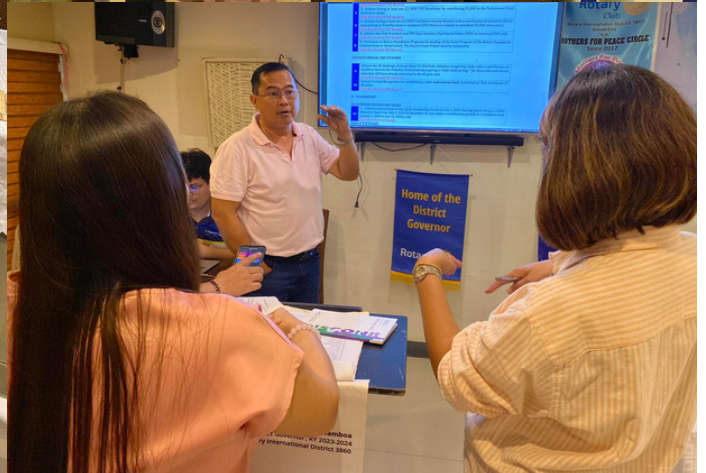
January 17, 2024

9th REGULAR MEETING & FELLOWSHIP



EVENTS

January 17, 2024
9th REGULAR MEETING & FELLOWSHIP



EVENTS

January 17, 2024
9th REGULAR MEETING & FELLOWSHIP



EVENTS

January 18, 2024 -
FINANCE COMMITTEE MEETING



EVENTS

January 28, 2024 -
DISTRICT 3860'S AREA 2 GOVERNOR'S BALL
Roadway Hotel, Davao City



EVENTS

January 30, 2024 -
31st CHARTER ANNIVERSARY COMMITTEE MEETING





INTERACT CORNER

by: President Shyra Khaye Napala

Interact



Club of Downtown Davao -
Davao City National High School

The Impact of Interact Club Initiatives

By: Shyra Khaye S. Napala

Interact Club of Downtown Davao-DCNHS President

In today's world, where communities face lots of challenges ranging from poverty to environmental degradation, the need for proactive and sustainable solutions has never been more pressing. In response to these challenges, the Interact Clubs have emerged as powerful catalysts for positive change. Through their diverse range of initiatives, Interact Clubs are not only addressing the immediate needs of communities but also empowering individuals to become agents of change in their own right.

At the heart of Interact Club initiatives lies the principle of youth empowerment. By providing young people with opportunities to engage in meaningful service projects, Interact Clubs nurture leadership skills, foster teamwork, and cultivate a sense of civic responsibility. We, Interactors, learn the importance of empathy, teamwork, and perseverance via hands-on activities including organising fundraisers, helping at local shelters, and taking part in environmental clean-up operations. These experiences not only enable us to make a concrete difference in our communities, but also provide us with the skills and confidence to address complicated societal challenges in the future.

The impact of Interact Club initiatives extends far beyond the immediate beneficiaries of their projects. Participating in club events is a life-changing experience for us to influence our goals, values, and feeling of purpose. Through service, leadership, and fellowship, Interact Clubs provide young people with a sense of belonging and a platform to express our passions and talents. Moreover, the ripple effect of their service projects creates a more inclusive and compassionate community where individuals are empowered to effect positive change and support one another.

In conclusion, Interact Club initiatives have a profound and lasting impact on communities around the world. By empowering youth, addressing local needs, fostering global collaboration, and creating a culture of service and leadership, Interact Clubs exemplify Rotary's commitment to making a difference in the world. As we celebrate our achievements, let us also recognize the immense potential of young people to lead and inspire positive change in our society. Together, we can build a more just, equitable, and sustainable future for all.



ROTARACT CORNER

by: President Princess Jenina Estrellanes



HOW ROTARACTORS CAN PARTICIPATE IN ROTARY GRANTS

Frequently Asked Questions

Rotary International: HOW ROTARACTORS CAN PARTICIPATE IN ROTARY GRANTS: FREQUENTLY ASKED QUESTIONS (January 2022)

GENERAL

Q: How can Rotaract clubs be involved in Rotary grants?

A: As of January 2022, districts that apply for Rotary Foundation district grants can include Rotaract club activities in their spending plans. As of July 2022, Rotaract clubs can apply for global grants to support their service work in their own communities or abroad.

Q: What can Rotary clubs and districts do to be ready for Rotaract clubs to participate in Rotary grants?

A: Rotary clubs and districts can:

- Invite Rotaract members to complete a grant management seminar so that their clubs can become qualified to apply for global grants
- Appoint Rotaractors to district committees and subcommittees
- Work with Rotaract clubs on grant-funded projects
- Develop a system to track Rotaract clubs' participation in global grant projects
- Ask Rotaract members to help organize a fundraiser
- Consider changing how district designated funds (DDF) are distributed in order to increase Rotaract involvement
- Invite Rotaract clubs to participate in project fairs
- Work with Rotaract clubs in the district to make sure they have reported their current membership information to Rotary

Q: What can Rotaract clubs do to be ready to get involved in Rotary grants?

A: Rotaract clubs and members can:

- Learn about Rotary grants
- Participate in a grant management seminar and work with district leaders to become qualified to apply for global grants
- Help conduct a community assessment
- Take an active role in implementing a project funded by a district or global grant
- Work with a Rotary club to organize a fundraiser for a grant-funded project
- Participate in public relations and advocacy efforts for a grant-funded project
- Contribute technical, cultural, or academic expertise to a grant-funded project
- Make sure that your club's current membership information has been reported to Rotary

Q: Can Rotaract clubs apply for disaster response grants?

A: No, disaster response grants are awarded to districts. However, a district may choose to distribute grant funds to a Rotaract club to carry out disaster response activities.

Q: Can Rotaract clubs apply for Programs of Scale grants?

A: Yes, Rotaract clubs may apply for Programs of Scale grants. Learn more about Programs of Scale.

Q: Can Rotaract members benefit from grant-funded training?

A: Yes, Rotaractors can take part in grant-funded training such as a vocational training team. In order to comply with Rotary's conflict of interest policy, the grant that benefits a Rotaract member may not be sponsored by that person's Rotaract club.

Q: Can Rotaractors receive a district or global grant scholarship?

A: Yes. The Rotary Foundation Trustees have agreed that Rotaractors can benefit from scholarships funded by a district or global grant. In order to comply with Rotary's conflict of interest policy, the grant that benefits a Rotaract member may not be sponsored by that person's Rotaract club.

Q: Can Rotaract members serve as vocational training team members?

A: Yes. Rotaractors can either receive or provide training as part of a vocational training team. Rotaract members who want to serve on a team that will provide training through a global grant need to have at least two years of work experience in the relevant area of focus.

Q: Will Foundation giving reports on My Rotary include donations made by members of Rotaract?

A: Yes, giving reports will include contributions made by Rotaractors, which will facilitate donor recognition and the tracking of club giving totals. As reports become available on My Rotary, individual Rotaract and Rotary members will be able to view the report on their own giving, and current club, district, and regional officers will be able to view the reports for their respective Rotaract and Rotary members. Reports with giving data may only be viewed for official business purposes, in accordance with Rotary's privacy policy.

Write to annualfunder@rotary.org with questions about Foundation giving reports.



ROTARACT CORNER

by: President Princess Jenina Estrellanes



HOW ROTARACTORS CAN PARTICIPATE IN ROTARY GRANTS

Frequently Asked Questions

Rotary International: HOW ROTARACTORS CAN PARTICIPATE IN ROTARY GRANTS: FREQUENTLY ASKED QUESTIONS (January 2022)

GLOBAL GRANTS

Q: Does a Rotaract club need prior experience with global grants to apply for a global grant?

A: Yes. To be eligible to sponsor a global grant, a Rotaract club needs to have previously worked with a Rotary club or district on a global grant-funded project.

Q: What types of activities qualify as prior experience for Rotaract clubs that want to apply for global grants?

A: These activities qualify as prior experience with global grants:

- Conducting a community assessment in preparation for a global grant
- Raising funds for a global grant
- Participating in public relations efforts for a global grant-funded project
- Actively participating in implementing a global grant-funded project
- Providing technical support to a global grant-funded project
- Helping to measure and evaluate a global grant-funded project

Q: How will a Rotaract club's participation in global grants be monitored to ensure that a club applying for a grant has the necessary prior experience?

A: The district will track a Rotaract club's participation in global grants. When district Rotary Foundation chairs authorize an application, they will confirm that the club meets the participation requirement. The Rotary Foundation won't manage this information.

Q: Can two Rotaract clubs sponsor a global grant, with one as the host sponsor and the other as the international sponsor?

A: No. If one sponsor is a Rotaract club, the other needs to be a Rotary club or district.

Q: When a Rotaract club applies for a global grant, who authorizes the application?

A: The Rotaract club president will authorize the application on behalf of the club.

Q: Do Rotaract clubs have access to the Grant Center to apply for a global grant?

A: As of July 2022, Rotaract clubs can apply for a global grant using the Grant Center. To plan and prepare a draft application in advance, clubs can use the Global Grant Application Template.

QUALIFICATION

Q: Do Rotaract clubs need to be qualified to receive district grant funds?

A: The Rotary Foundation doesn't require Rotaract clubs to be qualified before receiving district grant funds. However, districts may choose to make this a requirement for both Rotary and Rotaract clubs.

Q: Do Rotaract clubs need to be qualified to participate in global grants?

A: Yes, Rotaract clubs need to be qualified to participate in global grants.

Q: How can Rotaract clubs become qualified?

A: Rotaract clubs should contact district leaders to arrange for members to participate in the district's grant management seminar or online grant management seminar in the Learning Center. In addition, the district leaders can provide the club MOU for review and authorization.

Q: Who keeps track of Rotaract club qualification? Do Rotaract clubs need to prove that they are qualified when they apply for global grants?

A: The district is responsible for tracking a Rotaract club's qualification. District leaders will confirm as part of the application in the Grant Center that the Rotaract club is qualified.

Q: How can Rotaract clubs learn more about becoming qualified?

A: Members can read more about qualification on My Rotary. They can also send questions to stewardshipdepartment@rotary.org.

DISTRICT LEADERSHIP

Q: Are districts required to appoint a Rotaractor to a subcommittee role?

A: No, but we encourage it. The only district roles that Rotaractors aren't eligible for are governor, assistant governor, and district Rotaract chair.

Q: Are districts required to include a Rotaractor on their district grants committee?

A: No, but we recommend it. Rotaractors are an important voice on district committees.



THE NEW GENERATION

PP Marilyn "Bolyn" P. Puno
New Generation Committee Chair

Please save the date for the 10th Interact Bootcamp & RYLA on March 23-24, 2024 at Alta Cebu Village Garden Resort, Cordova, Mactan, Cebu. Rotaractors, Interactors, Children of Rotarians and Student Leaders, 15-20 yrs. of age are invited to participate in this event. Details will be announced soon! Thank you!



Rotary
District 3860



CREATE HOPE
in the WORLD

Save the Date

10th

Interact



RYLA
rotary youth leadership awards

Boot Camp

March 23-24, 2024

Alta Cebu Village Garden Resort, Cordova, Mactan, Cebu

Rotaractors, Interactors, Children of Rotarians and Student Leaders, 15-20 yrs. of age are invited to participate in this event. Details will be announced soon!

RCDD BARKADAHAN RY 2023-2024

Promising

Leader: Irene B. Aquino

1. Thelma S. Ciudadano
2. Andrea Isabel Concepcion
3. Corazon L. Costan
4. Jomar P. Dela Cerna
5. Archie Francisco F. Gamboa
6. Marianne Gamboa-Mosquisa
7. Belen D. Gemelo
8. Stephanie F. Palconit
9. Melch Rivera
10. Marina B. Ruivivar
11. Shiela Mae S. Toledo
12. Lorelei May Zambales

Inspiring

Leader: Fely P. Lovitos

1. Xyza Abarca
2. Gloria O. Cabillas
3. Patrick Co
4. Andrea G. Dela Cerna
5. Cyril Duran
6. Joann Deno
7. Edna C. Ko
8. AJ Modiquello
9. Sylvia C. Navarro
10. Josie P. Ortiz
11. Maria Rea Lane L. Horfilla

Motivating

Leader: Jason Digal

1. Martha Carlsen
2. Joan O. Gulanes
3. Liza Joy Hilario
4. Vilma U. Kho
5. Paul Ko
6. Chai Madrid
7. Florence Magistrado
8. Camille Sencio
9. Bolyn P. Puno
10. Patmei B. Ruivivar
11. Diane R. Janolino

PAST PRESIDENTS

1993-1994	PDG /CP Evelyn A. Magno
1994-1995	PP Cornelia P. Aportadera
1995-1996	PP Cynthia B. Rodriguez
1996-1997	PP Estrella Luz B. Cabebe
1997-1998	PP Elisa W. Tay
1998-1999	PP Linda C. Tesoro
1999-2000	PP Felina A. Javellana
2000-2001	PP Vilma U. Kho
2001-2002	PP Sylvia C. Navarro
2002-2003	PP Ma. Chona F. Caingles
2003-2004	PP Charisse P. Puentespina
2004-2005	PP Edna C. Ko
2005-2006	PP Agatha Ellen S. Valencia
2006-2007	PP Ma. Richelle B. Vicente
2007-2008	PP Eliza Joy S. Hilario

2008-2009	PP Marina B. Ruivivar
2009-2010	PP Thelma S. Ciudadano
2010-2011	PP Cristeta G. Gallano
2011-2012	PP Enerie B. Aquino
2012-2013	PP Lagrimas T. Acero
2013-2014	PP Marie Josephine B. De Vera
2014-2015	PP Ruth Theresa G. Castellones
2015-2016	PP Marilyn P. Puno
2016-2017	PP Rozanne C. Gamboa
2017-2018	PP Angelita M. Ang
2018-2019	PP Josefa P. Ortiz
2019-2020	PP Ethel C. Caceres
2020-2021	PP Myla C. Agustin
2021-2022	PP Andrea Dela Cerna
2022-2023	IPP Archie Francisco F. Gamboa

MEMBERSHIP ROSTER

Every Rotarian Reach One, Keep One



Therese Xyza "Xyza" G. Abarca
Lawyer



Angelita "Litlit" M. Ang
Fishery Industry



Enerie "Irene" B. Aquino
Building Leasing



Gloria "Glo" O. Cabillas
Civil Engineer and Construction



Ethel "Ethel" C. Caceres
Dental Care & Digital Imaging



Martha "Martha" L. Carlsen
Real Estate Leasing



Thelma "The" S. Ciudadano
Auditing/ Business Admin & Tax
Management Service



Darence Patrick "Patrick" Co
Chef/Food Services



Andrea Isabel "Andrea" Concepcion
Agricultural



Corazon "Cora" L. Costan
Banking and Fruit Farming



Andrea "Andeng" G. Dela Cerna
Law Enforcement/Operations



Jomar "Jhong" P. Dela Cerna
Law Enforcement/Investigation



Princess Joann "Joan" V. Deño
Construction

MEMBERSHIP ROSTER

Every Rotarian Reach One, Keep One



Jason "Jason" S. Digal
Distribution/Frozen Products



Cyril "Cy" C. Duran
Build and Design



Archie Francisco "Archie" F. Gamboa
Legal Service



Rozanne "Twinkle" C. Gamboa
Lending Industry



Belen "Belen" D. Gemelo
BDG Industrial Sales & Services



Joan "Joan" O. Gulanés
Banking



Eliza Joy "Joy" S. Hilario
Real Estate Development



Maria Rea Lane "Rea" L. Horfilla
Pediatric Dentistry



Diane "Diane" R. Janolino
Architect



Vilma "Vi" U. Kho
Financing



Edna "Edzz" C. Ko
Scrap Trading & Bailing



Paulino "Paul" B. Ko
Manufacturing/Boxes



Filomena "Fely" P. Lovitos
Education/ Nursing



Vimellee "Chai" R. Madrid
Police Training

MEMBERSHIP ROSTER

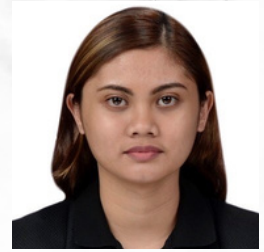
Every Rotarian Reach One, Keep One



Florence "Flor" R. Magistrado
Law Enforcement



Anthony John "Aj" D. Modiquello
Manufacturing & Trucking



Mariane Louise "Mar" Gamboa-Mosquisa
Real Estate Management



Sylvia "Binggot" C. Navarro
Consultancy / Financial



Josefa "Josie" P. Ortiz
Agriculture



Stephanie "Stef" Follante-Palconit
Education/University Professor



Marilyn "Bolyn" P. Puno
Public Health/ General Dentistry



Maria Melissa P. Rivera
Medical Service - Anaesthesiology



Marina "Maring" B. Ruivivar
Private Education



Patricia Melizza "Patmei" B. Ruivivar
Communications & Governance
Consultancy



Ma. Gwendelyn "Gwen" V. Sabsal
Physician, Ob-Gyne



Jonah Camille "Camille" C. Sencio
Car Distribution



Shiela Mae "Shiela" S. Toledo
General Construction



Lorelei May "Lore" M. Zambales
Banking



RCDD'S PROFILE and HISTORICAL HIGHLIGHTS

**By PDS/ PP Marina B. Ruivivar
Club Historian**

The commitment to the Rotary motto, SERVICE ABOVE SELF became a way of life for every Downtowner as their continuing programs and humanitarian projects on the seven (7) Areas of Focus, serve those who have less in life so they too can enjoy a world that Rotary dreams of.

RCDD prides itself to be consistent in its outstanding performance as a service club working towards excellence without counting the cost. There were challenges along the way especially on financial resources and personal relationships. But undaunted, RCDD survives.

RCDD has been blazing the trail and raising the bar for Rotary clubs in District 3860 since its charter year, receiving awards and recognitions year after year. Its first landmark achievement was when it won its first "Most Outstanding Club and President" awards, in RY 1995-1996, topping all 83 clubs in the district. The most shining moment for the Downtowners was when the club's Centennial Dream Team in RY 1998-1999 won grand slam all the four major district awards: Most Outstanding Club, President, Secretary and Club Bulletin (The Professionals), besting 93 clubs in the district. It was considered as the club's glorious historic feat.

In RY 2011-2012, RCDD was recognized as a 100% Paul Harris Fellow Club. For the past years and to the present, the club keeps its place on the top five list in contributions to the Rotary Foundation.

RCDD maintains its flagship projects at its Center for Hope, serving Barangays Agdao Centro and Vicente Duterte in Agdao District, Davao City. The service projects address the community's needs for medical and dental healthcare, children's welfare and development, livelihood skills training, maternal and child healthcare. It's partners-in-service are its sponsored Rotary Community Corps (RCC), the City Health Office (CHO), the City Social Service & Development (CSSDO), the Philippine National Police PRO XI, and other civic and non-government organizations.

There is no turning back for RCDD. It has to forge on and get better and better each year in its service to humanity. RCDD gets its inspiration and motivation from the happy smiles and grateful response of the people it serves, much worthy than the awards received.



RCDD'S PROFILE and HISTORICAL HIGHLIGHTS

By PDS/ PP Marina B. Ruivivar
Club Historian

Chartered on February 23, 1993, as an all-women service club, by then RI President Robert R. Batch. The charter year was one great celebration as the whole Rotary world was then celebrating the 88th Foundation Anniversary of the Rotary International. RCDD became the 29,258th Rotary club worldwide and the 79th club in District 3860.

On its 26th year in RY 2018-2019, RCDD marked another historical milestone when it inducted two distinguished gentlemen to the club membership, Paulino B. Ko, a successful businessman, and Archie Francisco F. Gamboa, a high-ranking Police General, who then became the Chief of the Philippine National Police, and RCDD's first male club President. This turned RCDD into a mixed club from an all-women club to manifest Diversity, Equity and Inclusiveness (DEI).

This RY 2023-2024 RCDD starts its 31st year of service and fellowship with 37 men and women of various professions, leaders of their own fields of specialization. RCDD's Roster of Membership is a balance of the senior-aged group, middle-aged and the young generation. This year marks another milestone as its very own Past President Rozanne "Twinkle" C. Gamboa is installed as District Governor, the second from the club. The first was the club's Charter President, Evelyn "Len" A. Magno.

The Rotary Club of Downtown Davao (RCDD) will continue to persevere in God's Grace and guidance, serving and touching other people's lives to **CREATE HOPE IN THE WORLD.**

